

January-February 2013 Anita I. – Editor

### **UPCOMING EVENTS**

- CSO Monthly Business
   Meeting 1st Wednesday of
   each month at 5:30 pm at the
   CSO. All groups are encouraged to send a representative.
- District 8 GSR Meeting
   3rd Saturday of the month at
   1:30 pm, generally at the Alano Club, 320 Clark St., Pueblo.
- Long Timer's Reunion Jan.
   26th at the Three Point Alano Club, Pueblo.
- 2013 State Convention

August 30th-September 1st, Denver Marriott Tech Center...flyers available at the CSO.

#### **ANNOUNCEMENTS**

Dude A. of Pueblo West left us on Dec. 31, 2012 to attend the big Meeting in the sky awaiting us all. Dude had 29 years sobriety.

# NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO

4035–A Club Manor Drive, Pueblo, CO 81008 (719) 546-1173 24/7 aascocso@qwestoffice.net www.aascocso.qwestoffice.net

Office hours Monday-Friday 10 am to 4 pm. Closed some holidays. Call to verify.

# To Let Go

To let go doesn't mean to stop caring,

It means I can't do it for someone else

To let go is not to cut myself off,

It is the realization that

I can't control another.

To let go is no to enable,
But to allow learning from
Natural consequences.
To let go is to admit powerlessness,
Which means that the
Outcome is not in my hands.
To let go is not to try to
Change or blame another,
I can only change myself.

To let go is not to care for,
But to care about.
To let go is not to fix,
But to be supportive.
To let go is not to judge,
But to allow another
To be a human being.

To let go is not to be in the middle
Arranging outcomes,
But to allow others to
Effect their own outcomes
To let go is not to be protective,
It is to permit another to face reality

To let go is not to deny,
But to accept.
To let go is not to nag,
Scold, or argue,
But to search out
My own shortcomings
And to correct them.

To let go is not to adjust
Everything to my desires,
But to take each day as it comes
And to cherish the moment.
To let go is not to criticize
And regulate anyone,
But to try to become
What I dream I can be.
To let go is not to regret the past,
But to grow and live for the future.
Author unknown

#### **CSO Elections in March**

The annual CSO elections will held March 6, 2012 at the CSO at 5:30 pm. Positions are Chairperson, Vice Chairperson, Secretary, Treasurer, two Members-at-Large, Office Manager, Newsletter Editor, and Activities Chairperson. Two years sobriety is required. A member may hold the same position for two consecutive years and no more that three consecutive years on the Steering Committee. A group representative may vote if the group has been represented in three CSO business meeting in the last year. Here's you chance for service work. *Make a difference!* 

# Highlights of Monthly CSO Board Meetings

December 2012. . . Dennis McB. Had a comment on how one phone call to the CSO made it all worthwhile as the lady said Brad, an office volunteer, had saved her live! Insurance rates were increased and total, with new coverage, is now \$491 a year. More groups are needed to take slots for Alcathon. We will open it for them to take more than one slot. District 8 report was given. Unity Day is set for Dec. 16th. There were three articles submitted for the newsletter. A new office chair was purchased for the office. Discussion on moving Long Timers from January to April but was tabled until after the Alcathon.

January 2013. . .Jan I. Resigned as Activities chair person. Nomination of Don H. for Vice Chairperson, he accepted and was voted in. Not many groups signed up for the Alcathon on the website. Some groups signed up at the. We provided food for New Year's Dinner. Budgets still need to be made for activities. Susan T. cancelled as speaker for Long Timers but Celeste. H from Pueblo was asked to speak and she accepted.

| Treasurer's Report |           |
|--------------------|-----------|
| Dec 1st balance    | \$2204.13 |
| Income             | \$1942.76 |
| Expenses           | \$1592.58 |
| Jan 1st Balance    | \$2554.31 |
| Income             | \$1355.27 |
| Expenses           | \$1687.83 |
| Jan 1st Balance    | \$2221.75 |
| Misc Fund          | \$1000.00 |
| Prudent Reserve    | \$2500.00 |
|                    |           |

# A 1940's 12th Step

On February 19, 1944 in South Bend, Indiana my grandfather *finally* read the Saturday Evening Post article that my grandmother had been leaving open on the coffee table for months (and he would promptly slam shut). He called the number in the article and two men drove 266 miles from Cleveland, Ohio to 12th Step him.

I spent most of my childhood summers visiting my grandparents in Denver. Years later, when I was newly sober, I said to Mom, "Grandpa never left to go to a meeting in the evening." And she said, "Do you remember Paul and Hannah, and Chuck and Kirby, and the "magician" who pulled silver dollars from your ears?" And I said, "Yes, we saw them all the time." That is when I realized that they sent me to my room to read or paint or play with my Barbie, while they had a roving home meeting in the living room. Then I would be invited to join them for cookies and milk, while they had cookies and coffee.

We're told that my grandfather also had a hand in the 1600 Broadway AA meeting in downtown Denver that goes to this day, as well as Denver's beloved York Street AA Club at 13<sup>th</sup> Street and University Blvd. I never knew *any of this* until I got sober myself in 1976. Mom and I would take Grandpa (well into his 80's) to the Kent speaker meeting in Denver on Friday nights. He always paid attention to the guys who raised their hands for their first meeting. And then he would saunter over to talk to them.

I have Grandpa's Big Book (4<sup>th</sup> printing, March 1943). No yellow or pen underlining for him. There are just a few lightly penciled notes in the margins, sparse underlining, and his 5-digit phone number on the blank first page.

Virginia S. Pueblo, Colorado

#### DISCLAIMER

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