

News from the Central Service Office of Southern Colorado

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Kevin
CSO Office Manager
Anita
CSO Secretary

Upcoming Events

District 8 Meeting

3rd Saturday of the month
1:30 @ Alano Club
320 Clark St. Pueblo
Cañon City Alano Club
715 Elm St. Cañon City

CSO Monthly Business Meeting

April 2, 2014 @ 5:30
May 7, 2014 @ 5:30
4035-A Club Dr. Pueblo

Area 10

Corrections Conference

Freedom is a State of Mind
April 11-13, 2014
Antlers Hilton
Colorado Springs
D.O.C. Training
www.coloradoaa.org

Birthday Meeting



Last Saturday of
month @ 5:00
@ The Alano Club
320 Clark Street Pueblo CO.

New Speakers Meeting

Every Saturday @ 6:00
CDU 58 Club Manor Drive
Pueblo CO.

*******NOTE*******

Dave M. CSO Activities Chair
would like to congratulate
everyone that helped with the
Longtimers Event. Dave said
"Everyone was great and
wonderful. We are planning
the summer fest so please
feel free to volunteer again"

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood him.

Promise: We will comprehend the word serenity and know peace.

Principle: Faith - A confident belief in the truth, value, or trustworthiness of a person, idea, or God.

Reward: Courage instead of fear.

Step 4: Made a searching and fearless moral inventory of ourselves.

Promise: No matter how far down the scale we had gone, we will see how our experience can benefit others.

Principle: Courage - The state or quality of mind spirit that enables one to face danger with self-possession, confidence, and resolution. Bravery, valor.

Reward: Peace of mind instead of confusion.

All the A's in AA

by Gurty M.

I got to thinkin' about what was said at my home group meeting the other day and called my good friend Melba up, invited her over, made some strong coffee and we got down to business. "You know, Melba" I said "Have you ever thought about all the A's surrounding the fellowship of AA?" "What are you blabbering about now?" she stammered. For what ever reason I could always ruffle Melba's tail feathers. "Well, for instance" I said "When we first came in everything was Awful or we wouldn't even think about Attending an AA meeting. Then we had to Admit to our inner most self that we might have a problem with Alcohol. Next we needed to Accept the fact we had a problem and there may be a solution for the problem. On top of all that we had to Approve of the solution and last but not least we were told to Applaud the program for really working in our lives." "Well" Melba screeched "that's all find and dandy but what about all the other A's? I never told the truth it was always Alibis. I never knew serenity just justifiable Anger. Pour me Another because one was never enough. Then there was my Doctor telling me I an Acute chronic Alcoholic. And what about .." "Slow down Melba. Take a deep breath." Melba and I spent the rest of the morning thinking about all the A's in AA and forgot all those worries and problems because we were having to much fun just being in the NOW.



Gurty M.

CSO Steering Committee

- ◆ CSO now has an 800 number **1-800-513-9452** ◆ CSO Elections Results: Chairperson, Secretary, Treasure & Office Manager will remain in an Interim status. ◆ The folks at CSO would welcome anyone with an honest desire to be of service to step forward and stand for one of these interim positions.
- ◆ David M. - Member at Large & Activities Chair. Victor S. - Newsletter Editor. ◆ A special thanks should go out to Kevin W., Indiana Jim, Anita I. and Brad W. for their energy and time dedicated to keeping CSO alive and well. ◆ CSO can use your support providing this AA community with a place to help carry the message to the still suffering alcoholic ◆ Call CSO to volunteer 719-546-1173

Office Hours: Mon - Fri 10:00 AM - 4:00 PM

Moments in A.A. History

Who was the First Woman in AA??

There is loads of controversy about who was the first woman in AA. Some of the candidates were: Sylvia K. (The Keys of the Kingdom) 9-13-1939. Marty Mann December 4-11-39. Dr. Tiebout gave her a Big Book manuscript to read and this prompted her to join. She wrote a Primer on Alcoholism and was known as the mother of the recovery centers. Then there was Florence Rankin (A Femine Victory) which appeared in the first edition of the Big Book. She was instrumental in changing the name of the Big Book from **Alcoholics Anonymous, The First 100 Men** by stating that it should be **Alcoholic Anonymous, The First 100 Men and One Women**. This prompted the vote to simply, **Alcoholic Anonymous**. Ethel Macy (Farm to City) 5-8-1940 was the first women to obtain long term sobriety. Sybil C. 3-21-1941 was the first woman west of the Mississippi, she opened her talks by saying "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic", maybe she wanted to protect the anonymity of her present husband, we can only guess.



**Mr. Sunshine's
"Question for Today"**
**What are the
bedevilmnts and where
are they located in the
Big Book?**
**Hint: Somewhere in
Chapter 4 not in the first
7 pages!**



"Waas Sup" by Daas

Hey Dudes and Duchesses it is I, Daas the infamous. I been sober for awhile and love every stinkin' minute of sobriety. By the way have you ever hear the expression "Drunk as a Skunk"? Well I was the skunk that they thunk up that saying about. Rupert and I were ruminating the other day about all the cool sayings we've heard in AA. Rupert is a penguin and he is a new-bee in AA so those one-liners really resinate with the odd fellow. Here are a few of those one-liners we like. One of my favorites "Every time I drank I didn't get into trouble BUT every time I got into trouble I had been drinking". Rupert piped up, " They told me ... Don't Think, Don't Drink and keep comin' back". Here is short list of others we like: "We'll love you until you can love yourself" and "Remove alcohol from the alcoholic and you're left with ic" ...

"I was so sick I thought I was well" ... "If the elevator to sobriety is broke you might try the Steps". I really like this one "I'll worry about later ... later" then "Remember it's Alcoholism not Alcohol wasum" ... "AA is the language of the heart" ... "Meeting makers make it" Then we have the acronyms for FEAR: "Forget Everything And Run"; "False Evidence Appearing Real"; "Face Everything And Recover". I heard this one "There two types of prayers ... Help Me Prayers and Thank You Prayers." Then there was the fellow complaining about having to work the steps "Sounds like he really likes the ocean but doesn't like getting wet." "Recovery is a process not an event." Have a favorite e-mail rupart@hotmail.com



Say What??

**I was so drunk last
night at the bar,
when I walked
across the dance
floor to get another
drink ... I won the
dance competition!**



My friend Kevin said it best "Everyone does stupid things when they drink too much but alcoholics just never seem to learn that not drinking too much might prevent some of the stupity from spilling out!"

I just celebrated 90 days in AA. They bought me a cake, told me how proud they were and really patted me on the back for a job well done.

Well as your sponsor,
just remember a pat
on the back is just a
foot away from a
kick in the butt!



"Over the Fence"
by Victor S.