

News from the Central Service Office of Southern Colorado

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Upcomming Events

District 8 Meeting

3rd Saturday of the month
1:30 @ Alano Club
320 Clark St. Pueblo

CSO Monthly Business Meeting

1st Wednesday of each
month @ 5:30 at CSO
4035-A Club Dr. Pueblo

Area 10 Fall Assembly

November 1-3
Sheraton Steamboat Resort
Steamboat Springs, CO

Area 10

Corrections Conference *Freedom is a State of Mind*

April 11-13, 2014
Antlers Hilton
Colorado Springs
D.O.C. Training

Group Section

If you folks show any interest in this section I will consider dedicating this space to any group in District 8. What's going on in your group and when is it going on. Any special event or activity apart from the norm will be taken into consideration.

Contact me at
rupart@hotmail.com
e-mail, no attachments
please, as it is much simpler
for me to copy and paste info
sent in this form.

Step 11: Sought through prayer and meditation to improve our conscience contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Promise: We will suddenly realize that God is doing for us what we could not do for ourselves. **Principle: Spirituality** - The state, quality, or fact of being spiritual; not tangible or material. **Reward:** The love and understanding of our families and friends instead of their doubts and fears.

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Promise: Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly sometimes slowly. They will always materialize if we work for them. **Principle: Service** - An act of assistance or benefit to another or others. **Reward:** The freedom of a happy life instead of the bondage of an alcoholic obsession.

Extra! Extra! Breaking News! Read All About It! “Central Service Office Shuts Down”

by Gurty M.

It was a cold day in mid July when a young lady called asking for some information concerning a friends drinking problem (Ummm). Well you know me, I sprang into immediate action, called my good friend Melba T. and off we scurried to meet this wayward waif. There she was standing on the corner, sobbing, moaning and looking to be in the Key-Rect-Position. Melba sprang from the car hugged her and plunked her in the back seat of my clinker. Off we scurried to the Central Service Office to get a schedule, a Big Book and a whooping load of AA information. When we pulled up to the front door of the Service Office there was a sign.



Gurty M.

“Sorry Service Office Closed due to Lack of Support”.

My heart skipped a beat and that's not a good thing for a women of my age. I almost jumped out of my thin skin as Melba screamed a long agonizing “NOOOOOO”.

I can tell you I thank the God of my understanding every day that it was only a dream. I don't know what I would do if Melba and I didn't have a place to get stuff to help us with our 12-step work, it would be a disaster.

CSO Steering Committee

- ◆ CSO is still waiting to receive 501-C3 tax exemption. ◆ CSO is in need of volunteers for Saturday mornings. ◆ Jan and Dave are in the planning stages for the LongTimers Dinner. ◆ Motion to lend groups CSO copies of the GrapeVine was approved. ◆ Discussed ideas and methods to convert CSO AA tapes to CD's to lend to groups. ◆ Committee discussed outreach through the use of Public Service announcements and the addition of a toll free number. ◆ If you would like your group represented at CSO, they meet the first Wednesday of each month. ◆ Call CSO to volunteer 719-546-1173

Office Hours: Tues - Sat 10:00 AM - 4:00 PM

Moments in History

❑ Where did 90 meetings in 90 days come from?? In the 1860's there were laws guiding commitment into an asylum or sanitarium. A doctor and a personal relative of the alcoholic stricken individual to be committed stood before a Judge and presented their case. The Judge then ordered the individual to be committed for 24 hours (Emergency Commitment); 2 weeks (Evaluation Commitment); 90 days (Temporary Commitment); 1 year (Indefinite Commitment). This law prevailed in the US until the 1970's. The law was still practiced in Colorado until the early 1980's. Dick K. from Lamar Colorado, was Regent 13 Coordinator during this time and was instrumental in evaluating and recommending any of the above commitments for a chronic alcoholic, this was a great responsibility.

CSO Survey

You can help us better serve the Southern Colorado AA community by taking part in this survey ~ call the Service Office (719-546-1173) and we will mail you a CSO Survey along with a self-addressed envelope.



ODT

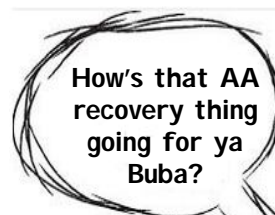
“Post Cards from the Edge” by ODT (Ole Dome Top)

Hey Ho friends and neighbors. I woke up this morning with a pulse and no hangover so it's going to be a good day. My friend Gordo and I were yackin' and ruminating on all sorts of recovery topics when a new-guy, Wiley T., sat down to join us. We got to sharing about different methods for continued progress in recovery when Wiley asked us how much time we had in the program. He was amazed that after so long in and around AA we both still went to tons of meetings, read the Big Book, used the tools of the program and sharpened those tools on a regular basis. “Why do you guys keep doing all those things? I kind of thought you might have it down by now!”, said Wiley. “Well”, mused Gordo, “it's like this. Recovery is a process not an event and practice is required. You have a few choices, locked-up, covered-up, or sobered-up.” I shared, “I believe Edward Bear said it best in his book The Dark Night of Recovery. ‘The alternative is to stop growing and join those who linger in that gray limbo of semi-recovery, not drinking or using or feeding their other addictions, but not really living either, dispensing advice and tough love to defenseless newcomers, glumly counting birthdays as if the sheer number might guarantee a certain amount of happiness.’ That's not what Gordo and I want and that's why we'll never stop working, using, and sharpening those tools the program gave us.” “Cool”, chirped Wiley, “That's what I want my sobriety to look like!”

~~CSO~~ Well it's time to call it a day and as my friend Cliff.T. says “Thanks for 12-steppin' me”, ODT out.



Alcohol does not make you FAT - it makes you LEAN.... against tables, chairs, floors, walls and ugly people.



Well, sometimes I feel like my alcoholism is trying to chew through it's leash!



“Over the Fence”
by Victor S.