



Indiana Jim  
Chairperson CSO  
Victor S. Editor

November-December

## News from the Central Service Office of Southern Colorado

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TBA  
CSO Office Manager  
Dave S.  
CSO Secretary

### Upcoming Events

#### District 8 Meeting

3rd Saturday of the Month  
November 15, 2014  
Cañon City Alano Club  
715 Elm St. Cañon City  
December 20, 2014  
1:30 @ Alano Club  
320 Clark St. Pueblo

#### CSO Monthly Business Meeting

December 3, 2014 @ 6:00  
January 7, 2015 @ 6:00  
4035-A Club Manor Dr. Pueblo

#### AA Breakfast

Saturday Morning  
9:00 AM - 9:45 AM  
Meeting  
10:00 AN - 11:00 AM  
Wesley United Methodist  
85 Stanford Ave.  
Pueblo Colorado

#### Primary Purpose

New Location  
Christ the King Church  
1708 Horseshoe Drive  
9:00 AM

If you have any notices or changes in meetings, events, etc.

Contact CSO and leave a detailed outline.

Another possibility would be to contact Victor S. at [rupart@hotmail.com](mailto:rupart@hotmail.com)

Title the e-mail as UV and I will get the information in the Newsletter.

**Step 11: Sought through prayer and meditation to improve our conscience contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**

**Promise:** We will suddenly realize that God is doing for us what we could not do for ourselves.

**Principle: Spirituality** - The state, quality, or fact of being spiritual; not tangible or material.

**Reward:** The love and understanding of our families and friends instead of their doubts and fears.

**Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.**

**Promise:** Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly sometimes slowly. They will always materialize if we work for them.

**Principle: Service** - An act of assistance or benefit to another or others.

**Reward:** The freedom of a happy life instead of the bondage of an alcoholic obsession.

### Makin' the List by Gurty T.

Like many folks early in sobriety...I had alot of "living problems" such as lack of employment, overdue bills, little money. My family was not speaking to me and at the time and the only person I talked to was my AA Sponsor. I thought it was her **JOB** to listen to me and indeed she did.

One day I called her whinning and crying how bad my life was and she rudely interrupted my tirade. "Go get a piece of paper and pencil...then call me back". I started to question her again with great authority in her voice she repeated "Go get a piece of paper and pencil then call me back" so I did as she asked.

She told me to write down ten things I was grateful for and call her back. Once again I questioned her and once again she repeated. "Write ten things you are grateful for ...call me back when you are finished!" By now I was completely exasperated with this so called 'sponsor' and sorry I had picked her to help me. I thought her only function was to listen and not give advice. (Today I know there is a huge difference between suggestions and advice.)

What did I have to be grateful for? After writing the names of my four children I was stumped. I did not feel grateful for anything! How could anyone possibly be grateful for such a miserable life as mine?

Never the less, I persisted and finally came up with six more. I called her back and proudly read my gratitude list to which she replied. "Good! Now add one thing every day until I tell you to stop." What was once a difficult task is now part of me as I feel the presence of my Creator ,experience the joy of living and keep *An Attitude of Gratitude*.

### CSO Steering Committee

CSO Treasure Report: Both expenses and income for the month were higher (books and IRS registration fees accounted for the higher expenses) Bull reported that GSO told him public service announcements (PSA's) must be done electronically and are costly for TV. Newspaper PSA's are available and free. Also talked about was replacing the CSO answering service with volunteers. This was tried in the past and was not very successful. However if any group or person is interested in this idea or has other ideas that would help with the CSO please attend the monthly CSO meetings on the first Wednesday of every month at 6:00 at the CSO 4035-A Club Manor Dr. Pueblo

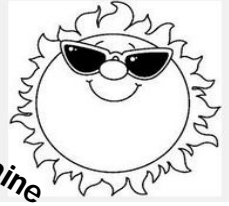
Office Hours: Mon - Fri 10:00 AM - 4:00 PM

## Moments in the History

The Oxford Group founded in 1921 by Frank Buchman (Bookman) was a First Century Christian Fellowship. The Oxford Group is still active at this time and claim 200-250 active members.

Bill W. and Dr. Bob were both members of the Oxford Group. Bill was the first of the two to deactivate his membership. The local New York chapter wanted Bill to be more selective in his membership requirement (fewer drunks). The Oxford Group was jokingly known at the time as the Salvation Army for Snobs. They had a few membership restrictions; No Jews, Catholics, Communists, Socialist, Gays or poor. They also had some primary concerns; Must believe in God as they understood God, Moral Reform in Society, Curtail substance abuse, Eliminate domestic violence, Address eating disorders, Defuse national sex problems, and improve the general Moral Decline of the Nation. Loafy goals for sure.

Mr. Sunshine



*A day without sunshine is like night.*

### Assumptions, Expectations, and False Notions of Recovery

by Dwayne C.

Over the years I've had a lot of misconceptions about recovery from alcoholism. I believed it should be measured by outward success. A good paying job in an ever expanding career, a nice home, a loving spouse, material success that others might envy. I've found my own recovery to be lacking in every one of these measures. I have beaten myself up without mercy because of it. So why bother with AA if these are unattainable? For one, things can always get worse. But more importantly I've discovered that recovery can be as intangible as trying to prove the existence of God.

I discovered that recovery isn't all about me and my ambition. I go to meetings, I study the Big Book, I talk to my sponsor, and to the best of my ability I practice the principles of the program. When I do these things I experience peace, calm, and serenity. Out of the maelstrom I find a life worth living, and one that might benefit those around me. In my experience there have been very real barriers in achieving those things I believed marked me for success. I am not responsible for things I cannot control. In the absence of all that I have wanted for my life I have discovered a different system of measurement; maybe that has been God's will for me all along.



I was talking to my sponsor the other day and he implied that I might be a tad closed minded.

One thing AA taught me is minds are like parachutes-- they won't work unless they're open...



*"Over the Fence"  
by Victor S.*