



## NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO

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**Office hours Monday-Friday 10 am to 4 pm. Closed some holidays. Call to verify.**

### AA SERVICE IN OUR AREA

This is an exciting time to be in service in this AA community. The CSO monthly meeting has been well attended lately and we can always use help with some of our planned events. The District 8 meeting has been gaining momentum also. Both CSO and District 8 have events planned and can always use help and there always are service opportunities to reach out to the alcoholic that still suffers. The District is exploring the option of bidding for an area assembly in our area. All groups are invited to send a CSO representative to the CSO meeting and to send your GSR to the District 8 meeting so your group's voice will be heard and your group will be informed of all the upcoming events.

Districts 3, 6 and 8 are in our service area. Everyone is invited to submit stories, upcoming events and special occasions for inclusion in this newsletter. The more informed we are, the better we can serve you. We would love to hear what's going on in Trinidad, Lamar, LaJunta, Alamosa. Send your stories, events, special occasions to csopueblo@gmail.com.

### CENTRAL SERVICE OFFICE ELECTIONS

CSO elections were held at the March monthly meeting. Elected were Chairperson-Michael Wayne C., Vice chairperson-Joshua S., Office Manager-Kevin W., Secretary-Cindy C., Members at large Charles P. and Dario M., Newsletter-Kenny J. and Activities-Anita I.

As always, there is a need for members of Alcoholics Anonymous to volunteer to be on our "12th Step" list and/or act as contacts for the Bridging the Gap Committee. The CSO is open Monday - Friday from 10 AM to 4 PM. In order to remain open during these hours, we need volunteers. Currently, we run 2 shifts a day: From 10 AM to 1 PM and from 1 PM to 4 PM. We require that our volunteers have 9 months of sobriety. We are short of volunteers and may have to reduce our hours.

The CSO is still in need of volunteers to fill half day slots. Please contact the CSO if you are interested.

### HIT & RUN MEETING

If you're not familiar with these meetings, what we do is pick an out of town meeting, distribute flyers in advance, meet at the Pueblo Alano Club and carpool to the chosen meeting. These meetings have been growing. The first meeting was in Trinidad and we took about 15 people. The last trip was to Walsenburg and about 25 people from outside the Walsenburg area made the trip. What makes these special is that the community we go to has more of there members show up, and with the people we take, these have been quite the events. You don't have to travel with us, you can always meet us there. By popular demand these meetings will be every two months instead of three. The next trip will be to the NEW Canon City Young People's 8:00 PM meeting at the Canon City Alano Club on Sunday March 27. Come join us and help support this new meeting. And in case you didn't know, you don't have to be young to go to a young people's meeting.

### March 2016

#### UPCOMING EVENTS

- **CSO Monthly Business Meeting** 1st Wednesday of each month at 6:00 PM at the CSO. All groups are encouraged to send a representative.
- **District 8 Meeting** 3rd Saturday of the month at 1:30 pm. At the Central Service Office.
- **Area 10 Spring Assembly**, March 18-20, Antlers Hilton, Colorado Springs
- **Hit & Run Group-Canon City** Sunday March 27th to Canon City Young Peoples Meeting 8:00 @ Canon City Alano Club
- **Long Timer's Roundup** April 23 at the First Presbyterian Church, 10th and Court St.
- **Southwest Additional Regional Forum-Hosted by Area 10**, June 3-5, Double Tree Hilton Denver-Stapleton North.
- **Founders Day Picnic**, June 11th, Florence Mountain Park

#### Treasurer's Report

Jan 1st balance	\$1258.15
Revenue	\$1321.87
Expenses	\$1500.11
Feb 1st Balance	\$1079.91
Revenue	\$ 872.01
Expenses	\$ 597.13
Mar 1st Balance	\$1354.79
Misc Fund	\$1000.00
Prudent Reserve	\$2500.00

### An Oldtimer's Prayer

- Keep me from thinking I must share in every meeting, no matter what the topic is. Keep my mind free from the recital of endless details and give me wings to get to the point.
- Remind me to guard confidences and to keep still when I feel it is necessary to speak up for someone's own good.
- Release me from the need to straighten out everybody else's thinking and program. God I ask for the grace to listen to newcomers.
- Please help me to remember the patience with which others listened to me when I was new.
- Please seal my lips to giving advice, and help me to remember to share only my experience, strength, and hope.
- Remind me that my purpose is to fit myself to be of maximum service to you and to the people around me.
- Help me to remain teachable.
- Teach me (again) the lesson that occasionally, it is possible that I may be wrong; and remind me, please, of the freedom that I gain when I am able to promptly admit I am wrong and make amends when necessary.
- Please keep me from being a bleeding deacon/ess and help me to walk the path towards being an elder statesman/stateswoman.
- Help me to walk with faith and acceptance, to see good things in unexpected places and talents in unexpected people, and give me the grace to tell them so.

*Author Unknown*

### Rumor has it:

#### **Walsenburg:**

Diane G. will be celebrating her 40th sobriety anniversary at the March 25 meeting. Congratulations Diane!

#### **Trinidad:**

Monthly birthday celebration on the last Sunday of Month @ Alano Club 5:30 PM

May 20th 1st year anniversary of the new meeting location @ Alano Club, potluck 6:00, meeting at 7:30.

### A LESSON FROM MY COFFEEPOT

For years I've been complaining about how come people can't make a coffeepot that doesn't drip when you're trying to pour coffee. They make thousands of these coffeepots, I can't be the only person who can't pour a cup of coffee without spilling a drop or two!

Before I begin my morning meditation, I pour a cup of coffee. Finally one morning it occurred to me. Here I am getting ready for the day and maybe there's a lesson in this. I get up, pour my cup of coffee (usually with a drip or two), and sit down for a quiet few minutes. After I'm done with the morning meditation, I get ready for work, pour another cup of coffee (drip) and run out the door.

Maybe the lesson is that I need to slow down a little. I tried to pour a cup of coffee a little slower, and what do you know! No drip. The lesson I learned is that the problem wasn't the coffeepot at all. I'm the problem. I related this to my day. Maybe when I run across the things that frustrate me during the day, I need to remember the coffeepot. The coffeepot is not the problem, I am.

So lately I've been able to pour a few cups of coffee without spilling a drop. But about half the time, when I'm pouring this cup of coffee and getting so proud of myself for pouring this cup, here comes that one little drop. This reminds me that there's still this lesson that I need to carry into my day. The coffeepot's not the problem. The problem is me. That's still something I need to work on.

The new editor needs to have input from our local AA community. Please send in your stories, thoughts and anything else you would like to submit for consideration to be put into the newsletter. This newsletter is for our AA communities in the CSO service area, so we welcome items from the outlying areas. We would love to share some of your experience from our road of happy destiny.

Please send your stories to the me at [kljar60@gmail.com](mailto:kljar60@gmail.com)

Thank you for the opportunity to be of service.

Kenny J

Concept 3: To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staff, committees, and executives—with a traditional “Right of Decision.”

Concept 4: At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

### DISCLAIMER

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