



TOP SHELF

NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO
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 Office hours Monday-Friday 10 am to 4 pm. Closed some holidays. Call to verify.
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June 2019

UPCOMING EVENTS

- **CSO Monthly Business Meeting** 1st Wednesday of each month at 6:00 PM at the CSO. All groups are encouraged to send a representative.
- **District 8 Meeting** 3rd Saturday of the month at 1:30 pm at the CSO
- **4th of July Picnic** July 4th at Bessemer Park
- **Area 10 Summer Assembly** July 19—21, Grand Junction, CO
- **Hit and Run, Potluck, and Delegate's Report** July 27, 9:00 am at Primary Purpose Group, Christ the King Church, 1708 Horseshoe Dr.
- **The Annual Colorado State Convention** will be in Keystone on Labor day weekend August 30, 31 and September 1st. There are flyers at the CSO and in your home group.

Treasurer's Report

Apr 1st Balance	\$2849.38
Revenue	\$1570.00
Expenses	\$2190.20
May 1st Balance	\$2229.18
Revenue	\$1480.59
Expenses	\$1421.35
Jun 1st Balance	\$2288.42
Misc Fund	\$1000.00
Prudent Reserve	\$2500.00

The Longest Day of the Year

As I write this it is the Summer Solstice. The longest day of the year. By the turning and tilting of the earth, it is the true beginning of summer. Thus we have summer events and activities. Founders day, that commemorates the last drink of Dr. Bob Smith on the 10th of June, 1935 has come and gone. We had a lovely picnic and a good meeting with a pair of speakers. Kenny and Julie J. did a fine job of sharing their experience strength and hope. The hardest working man at the fete was Josh S. and he deserves our thanks and respect for the work he did that day over a hot grill. He has become quite the stalwart in service over the last few years, let's give him some more help at the next one. We don't want to wear a good man out.

Our next CSO sponsored event is the fourth of July picnic. This will also be at Bessemer Park as was Founders Day. Bring the potluck sides, salads and sodas and lets try and spell Josh a bit at the grill. I'll bet there are some barbecue guys out there that could pull some pork or jerk some chicken for sandwiches. Don't forget the clean up after, stick around and pitch in. Service to the fellowship doesn't begin and end with the seventh tradition, we need to express our gratitude with our labors as well.

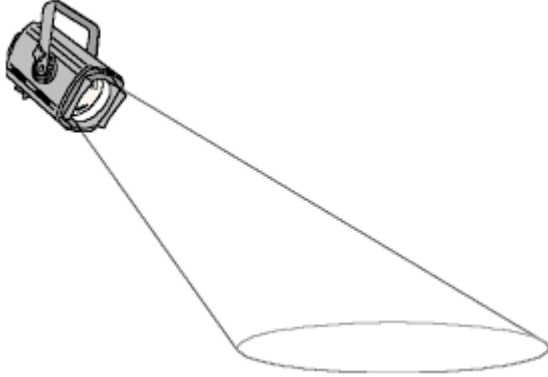
This is also the time of individual group events to take place. I know the Young Peoples group has had a weekend of spiritual cleansing and fellowship at the Great Sand Dunes. My home group of Joyful Journey has had one breakfast on a Saturday morning in the Pueblo Mountain Park at Beulah and plans another in Rye at the park there. Great Escape is having their annual June Jam that is a party not to be missed. I am writing this too late to serve as an announcement for the event but I know it will be well attended. Get out there and celebrate the season.

Yours in service, Matt W.

mattsready@live.com

If your group or the AA community have a special occasion or event that you would like in the newsletter, or a flyer that you would like distributed with the newsletter, please contact the CSO with the information. If your group is not getting the newsletter, contact the CSO to be placed on our distribution list.

IN THE SPOT LIGHT



Relief versus Recovery. I don't know where this Idea came from but I do know it's not original to me. I haven't had an original thought in years. My best cute quips to say in a meeting are all stolen from somebody over the years. In the last newsletter I mentioned the constant need to review my behavior and dedication to practicing the twelve steps. The best this program has to offer is a new way of life. It begins with admitting powerlessness over alcohol. That is widely interpreted as not putting it in your body anymore. That is relief. When I started attending meetings I had back problems. My family was on my back, I felt the police were on my back, my employer was on my back. Quitting drinking would have got them off my back. When I finally quit drinking for good and all it was because I wanted recovery.

Recovery: This is a great time to be in AA here in Pueblo Colorado. There is a flyer circulating that is a special workshop in three parts being put on by the Primary Purpose Group. My home group, Joyful Journey has just completed a course of Back to Basics with a

Power-point presentation and a workbook assembled in the nineteen forties by one Wally P. That is an excellent guide to working the steps and following the program as laid out in the book of Alcoholics Anonymous. (The workshop is old, the power-point a recent addition.) We intend to do it on Wednesdays at noon, Quarterly. It completes the twelve steps over the course of four sessions so we go through them in a month.

There is a meeting every Monday at the Pueblo county jail for male inmates, you must be cleared by the sheriffs office to attend. Please have one year or more of continuous sobriety before volunteering. If you are interested please contact me by email at the address on the other side of this sheet. You may also contact the Sheriffs department directly. Their contact person is Deputy Jeff Stout.

GET YOUR OWN COPY How would you like to be kept informed of what is going on in Southern Colorado? How would you like that information to come to your inbox? Your Central Service office is building an email list so we can send out information as soon as we get it. It will also allow us to email the newsletter to you as soon as it's ready. If you are interested in receiving these emails, please send us an email to: csopueblo@gmail.com

We will add you to our email list and start sending out emails!

HELP NEEDED

12TH STEP LIST

We need people to volunteer to be placed on our 12th Step List. If you are interested, please contact us at (719) 546-1173.

VOLUNTEERS NEEDED

To help take meetings into local correctional facilities. If interested, contact the office.

DISCLAIMER

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